

# LET'S NOT BE A DICK TODAY

**IAIN DUGUID** is an Australian writer. After publishing this book, the term 'writer' has become a little broader. Previously he has worked as a commercial copywriter and content creative. If you're reading from Australia, it's likely that you've heard his work on radio and in podcasts, and maybe seen it on social media and other digital platforms.

To be clear, the Iain Duguid who wrote *Let's Not Be A Dick Today* is not a pastor, however, the words in this book may be treated with the same strict adherence as the Holy Bible.

You're welcome to visit his personal website: [iainduguid.com](http://iainduguid.com) and at the time of publication, his handle on Instagram is @skipperdogood.

**LET'S NOT  
BE A  
DICK  
TODAY**

**A GUIDE TO HANDLING  
THE DICKS IN YOUR LIFE**

**IAIN DUGUID**

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# HOW TO READ *LET'S NOT BE A DICK TODAY*

This book is not intended to be read front-to-back. Think of it as an encyclopedia where you flick to a particular page of interest. Then, *Let's Not Be A Dick Today* is an extremely easy resource to use!

Here's what to expect:

## HEADING & DEFINITION

The dick is named along with a quick definition.

## FLOWCHART

Use the flowchart to see if you are a certain kind of dick. If you are, refer to the *Self-Help* section later on. There are infinite ways to identify a certain type of dick, so when following the flowchart, try to place yourself in a situation, giving the best possible answer.

## IDENTIFYING...

This section will help you to visualise a certain dick in your life.

## WHY...

Whether you've been diagnosed as a dick, or you've placed someone you know into this category, the *Why* section will help you better understand why this dick is a dick.

## INFORM...

Now you've identified a dick, reach out to them. The *Inform...* section will help you tell a dick that they are a dick with an easy to follow suggested script (the dick is represented by an initial, and you are represented by the word "you"). For when words are not appropriate, you will find an action plan. Or, instead of confronting a dick, gift them this book, highlighting the page/s you'd like them to read. The latter is best.

## SELF-HELP

Finally, if you are a certain type of dick, the *Self-Help* section offers simple advice on how you can stop being a dick. Good luck!

## BEFORE YOU START

You may be offended by content in *Let's Not Be A Dick Today*.

There's a high probability that you will be called a dick. Nobody's perfect. If you take issue with that, you should stop reading right now.

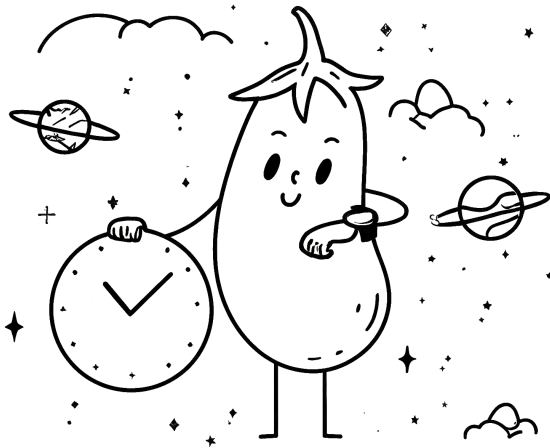
Further, just like many aspects in life, being a dick isn't exactly binary. Sure, you could look at it as *Am I a dick? Yes or no*. But on a scale of 1 - 10, where 1 is not a dick at all, and 10 is a massive dick, you might find yourself plotted at 2 when it comes to one kind of dick, and 10 for another. Therefore, some aspects may or may not apply to you.

*Let's Not Be A Dick Today* is intended to be light-hearted. There are words and phrases that may offend you. Uses, definitions and suitability have been considered. Ultimately, if it's commonly used in society, it has made it in. Your history or personal (or generational) trauma has not been considered - how can anyone know that you find the word *dick* triggering? How can anyone know how much weight of offence you attribute to something? Does this make me a dick? Probably.

Now that's out of the way, if you feel uncomfortable and continue to read this book, that's on you. Otherwise, please have fun, enjoy the journey, and please, let's not be a dick today.

# SPACE & TIME

Some dicks only appear at certain times and in certain places - if they appear at all. They may break promises, ruin event plans, or get close to you just so they can be a dick.



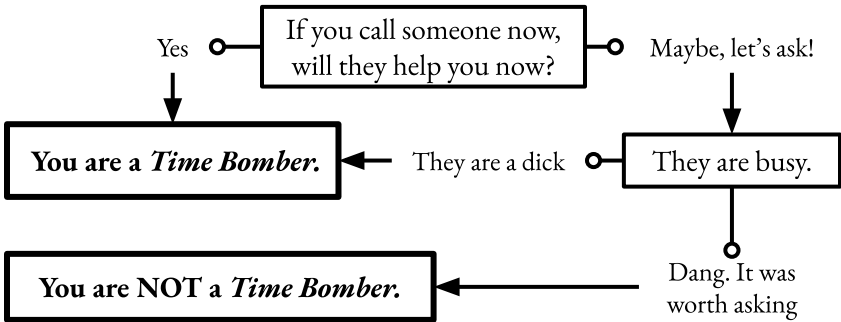
# THE TIME BOMBER

*Someone who expects you to help them without warning.*

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## ARE YOU A *TIME BOMBER*?

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### IDENTIFYING THE *TIME BOMBER*

The *Time Bomber* will drop a figurative bomb on you, expecting you to stop what you're doing (removing a brain tumour?) to help.

#### WHY A *TIME BOMBER* IS A DICK

The *Time Bomber* will always wait until the last moment to ask for your help: *Applications close in 1 hour. Can you write my resume? I haven't started.* If you're too busy to help, they think you're the selfish one.

#### CAN A *TIME BOMBER* BE CURED?

No.

#### INFORM A *TIME BOMBER* THAT THEY ARE A DICK

Follow this script:

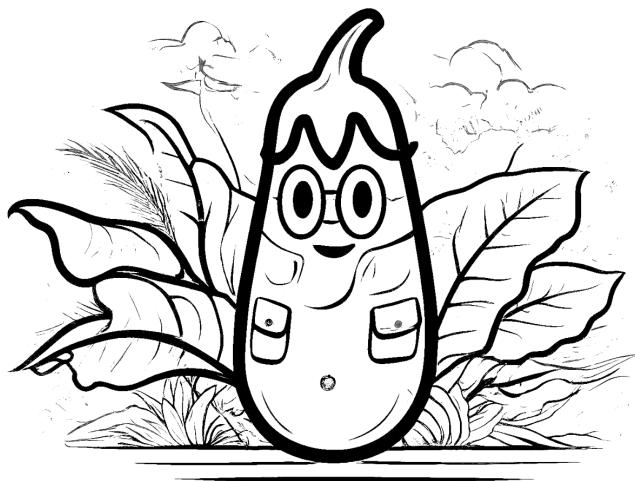
- TB:** Can you drive me 2 hours to a thing?
- YOU:** No, I'm busy.
- TB:** You're being a dick. Why are you always so selfish?
- YOU:** You are a dick.

#### SELF-HELP

Ask for help as soon as you need it. Accept 'no' for an answer.

# PERSONALITIES

There are people whose personality makes them a dick. It's not always a choice to be a dick, it's just *who they are* down to a molecular level. Those with a dicky personality could fill an entire book. What follows is a small selection of dicks who may have their DNA to blame.





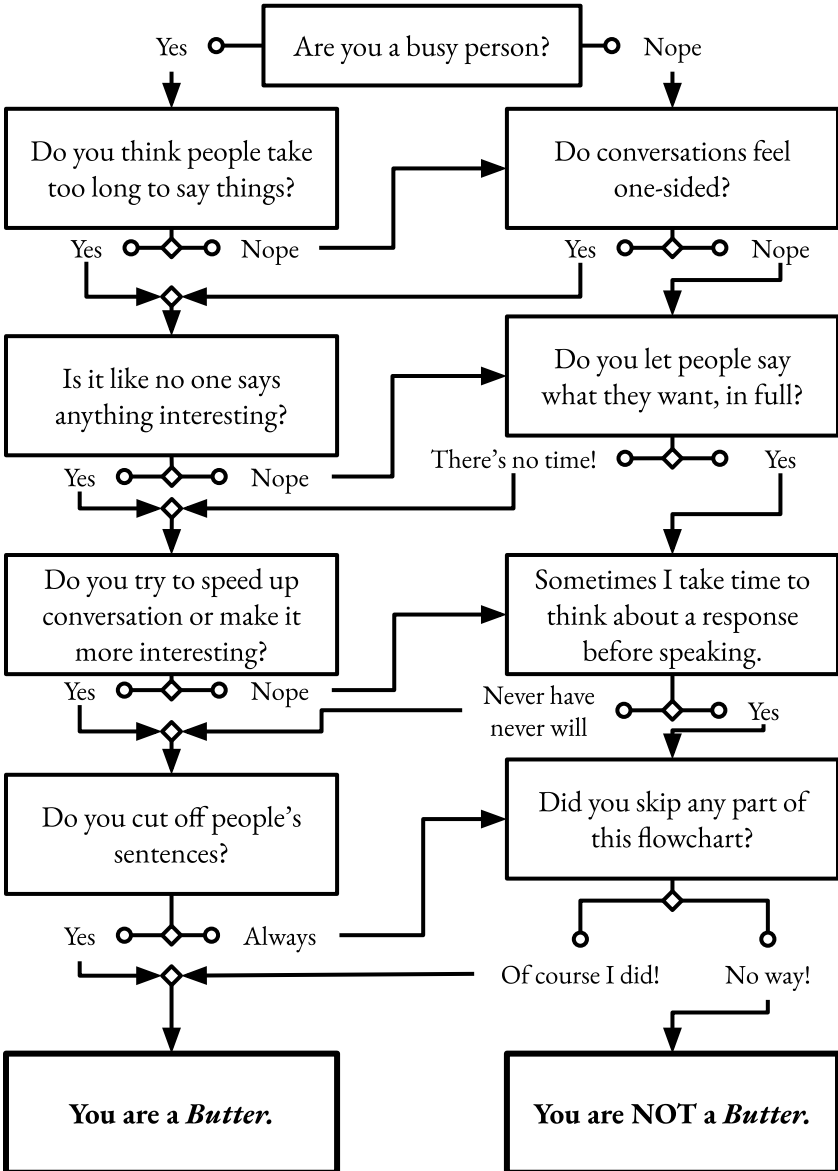
# THE BUTTER

*Someone who interrupts you in conversation.*

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## ARE YOU A BUTTER?

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## IDENTIFYING THE *BUTTER*

In conversation, the *Butter* will butt in before someone finishes their sentence - maybe even finishing it for them! The *Butter* often interrupts others to talk about themselves and their opinions.

### WHY A *BUTTER* IS A DICK

A *Butter* believes their opinion is the only one that matters, and they passionately dominate conversation.

They won't hesitate to hijack a chat to focus on themselves, and more often than not, their opinion doesn't actually matter.

Interruptions can result in highly disruptive consequences, where their haste manifests actions that are detrimental to themselves, a team, and a company.

### CAN A *BUTTER* BE CURED?

Yep! The *Butter* will often stop once made aware of their dickery, however, it may take a lot of effort. There is no hope for men who work in sales or high-powered roles.

### INFORM A *BUTTER* THAT THEY ARE A DICK

A conversation *will be difficult* but stay focussed, you're doing yourself, and the world a favour. Follow this script:

**YOU:** Do you have a second to talk about-

**B:** Lunch? I'm hungry.  
Let's get sashimi.

**YOU:** That's actually what I wanted to disc-

**B:** There's nothing to discuss when it comes to salmon sashimi.

**YOU:** No, how you interrupt all the time. It's disrespect-

**B:** You're right, I'm a dick.  
Noted.

Or send "you are a dick" via text message or an acapella quartet. Good luck speaking over those!

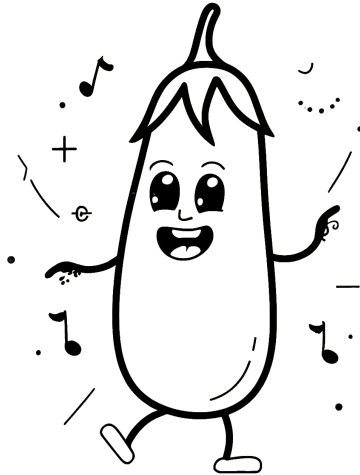
### SELF-HELP

Let the other person finish their sentence. Allow .2 of a second before you start speaking. If you don't get it right, stop speaking and allow them to conclude completely. Apologise for butting in.

# AT HOME

The *At Home* category. Could be its own book with the amount of dicks that exist in the home, living as housemates/roommates, partners, kids, family members and guests.

Here are only 6 of what might be an endless supply of dicks.



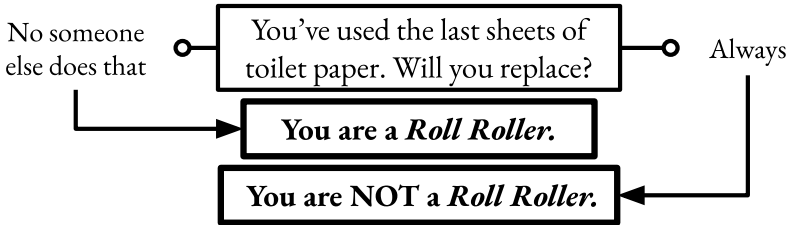
# THE ROLL ROLLER

*Someone who doesn't replace the toilet roll.*

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## ARE YOU A ROLL ROLLER?

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### IDENTIFYING THE ROLL ROLLER

An empty toilet paper roll on the dispenser shows that a *Roll Roller* has preceded you. They might be kind enough to leave 1 sheet.

#### WHY A ROLL ROLLER IS A DICK

They leave you high and dry (or the opposite). It's easy to swap over a used roll with a fresh roll of toilet paper, but the *Roll Roller* seems to think someone else will do it. Their mother?

More dick points if new rolls are stored in another room.

#### CAN A ROLL ROLLER BE CURED?

Yes. When they're caught out too many times.

#### INFORM A ROLL ROLLER THAT THEY ARE A DICK

Ensure there is no toilet paper in the toilet when the *Roll Roller* uses it, then follow this script:

**RR:** Help, there's no toilet paper in here.

**YOU:** Unlucky.

**RR:** You did this?

**YOU:** Yes because you are a dick. Now sit and think about your life. I'll return in... let's call it an hour. Hopefully you learn your lesson.

#### SELF-HELP

Toilet paper almost gone? Put another roll near the toilet. Empty or less than a couple of sheets? Swap it with a fresh roll.

